# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

## FORM 8-K

# CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) of the SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported): May 29, 2024

# Vistagen Therapeutics, Inc.

(Exact name of registrant as specified in its charter)

**NEVADA** (State or other jurisdiction of incorporation)

000-54014

(Commission File Number)

20-5093315 (IRS Employer Identification Number)

343 Allerton Ave.

South San Francisco, California 94080
(Address of principal executive offices)

(650) 577-3600

(Registrant's telephone number, including area code)

### Not Applicable

(Former name or former address, if changed since last report)

| Check the appropriate box below if the Form 8-K filing following provisions:                                    | g is intended to simultaneously satis | sty the filing obligation of the registrant under any of the                       |
|---|---------------------------------------|--|
| ☐ Written communications pursuant to Rule 425 under ☐ Soliciting material pursuant to Rule 14a-12 under th      | · ·                                   |  |
| ☐ Pre-commencement communications pursuant to Ru  | . ,                                   |  |
| ☐ Pre-commencement communications pursuant to Ru  | tle 13e-4(c) under the Exchange Ac    | t (17 CFR 240.13e -4(c))   |
| Securities registered pursuant to Section 12(b) of the A  | ct:                                   |  |
| Title of each class   | Trading Symbol(s)                     | Name of each exchange on which registered  |
| Common Stock, par value \$0.001 per share   | VTGN                                  | Nasdaq Capital Market  |
| Indicate by check mark whether the registrant is an en<br>Rule 12b-2 of the Securities Exchange Act of 1934 (17 |                                       | d in Rule 405 of the Securities Act of 1933 (17 CFR 230.405) or                    |
|   | ,                                     | Emerging Growth Company $\square$  |
| If an emerging growth company, indicate by check ma<br>or revised financial accounting standards provided purs  | •                                     | to use the extended transition period for complying with any new nge Act $\square$ |
|   |                                       |  |
|   |                                       |  |

#### Item 5.07 Submission of Matters to a Vote of Security Holders

On May 29, 2024, Vistagen Therapeutics, Inc. (the "Company") held a special meeting of stockholders (the "Special Meeting"). As set forth below, the Company's stockholders approved the two matters voted upon at the Special Meeting: (i) an amendment to the Company's Amended and Restated 2019 Omnibus Equity Incentive Plan (the "2019 Plan"); and (ii) an amendment to the Company's 2019 Employee Stock Purchase Plan ("2019 ESPP").

The matters voted upon at the Special Meeting and the results of the voting at the Special Meeting are as follows:

Proposal No. 1 - Amendment to the Vistagen Therapeutics, Inc. Amended and Restated 2019 Omnibus Equity Incentive Plan

|                                  | For        | Against | Abstain   |
|----------------------------------|------------|---------|-----------|
| Number of Votes Cast             | 12,731,981 | 730,584 | 2,072,262 |
| Percentage (%) of Votes Received | 82.0%      | 4.7%    | 13.3%     |

The vote required to approve an amendment to the 2019 Plan (the "2019 Plan Amendment"), which 2019 Plan Amendment increases the number of shares of the Company's common stock, par value \$0.001 per share ("Common Stock"), authorized for issuance thereunder from 1,000,000 shares to 5,000,000 shares, was the affirmative vote of a majority of the votes cast on the proposal. Accordingly, the Company's stockholders duly approved the 2019 Plan Amendment.

Proposal No.2 – Amendment to the Vistagen Therapeutics, Inc. 2019 Employee Stock Purchase Plan

|                                  | For        | Against | Abstain   |
|----------------------------------|------------|---------|-----------|
| Number of Votes Cast             | 12,788,811 | 670,714 | 2,075,302 |
| Percentage (%) of Votes Received | 82.3%      | 4.3%    | 13.4%     |

The vote required to approve an amendment to the 2019 ESPP (the "2019 ESPP Amendment"), which 2019 ESPP Amendment increases the number of shares of the Company's Common Stock authorized for issuance thereunder from 33,334 shares to 1,000,000 shares, was the affirmative vote of a majority of the votes cast on the proposal. Accordingly, the Company's stockholders duly approved the 2019 ESPP Amendment.

For more information about the foregoing proposals, please review the Company's definitive proxy statement, filed with the SEC on April 16, 2024.

### Signatures

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

Vistagen Therapeutics, Inc.

Date: May 31, 2024 By: /s/ Shawn K. Singh

Shawn K. Singh, JD Chief Executive Officer